



# The Legend

West Florida Literary Federation, Inc.

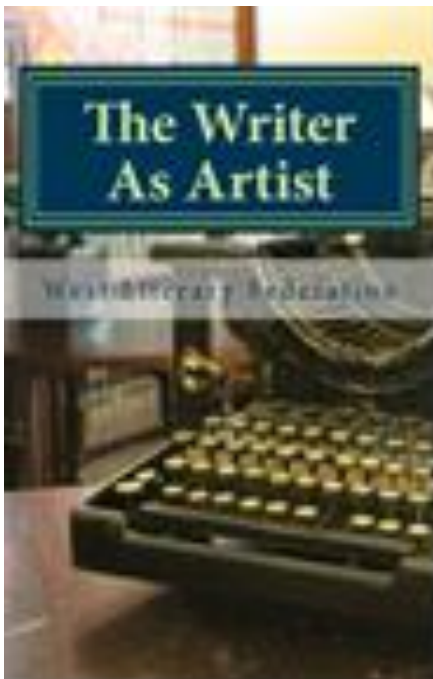
[www.wflf.org](http://www.wflf.org)

October 2016

**OCTOBER 18 ~ THIRD TUESDAY**

West Florida Literary Federation presents  
**Dr. Regina Sakalarios-Rogers, UWF instructor of composition and creative writing and coordinator of the Department of English internship program.**

One of Regina Sakalarios-Rogers' short stories, "Terror on the Beach," (not horror, just liked the pulpy sounding title) will be published in *Toasted Cheese* next month. "Goofy name," Regina says, "but they publish some good short fiction."



**Camaraderie and refreshments at 6:30**  
**Speaker at 7**  
**Followed immediately by open mic**  
**about 7:30**

Come to listen and/or to read.  
Bring a snack to share and bring a friend.

**FREE ~ open to public**  
**Pensacola Cultural Center ~ 400**  
**South Jefferson Street ~ Room 201**

# Writing Off the Wall



Lewis Warsh  
poet, author, editor  
DIRECTOR CREATIVE WRITING  
LONG ISLAND UNIVERSITY



JAMEY JONES  
POET LAUREATE  
NORTHWEST  
FLORIDA



Barbara Henning  
poet and novelist  
LONG ISLAND UNIVERSITY  
PROFESSOR EMERITA

**FREE POETRY READING – BARBARA HENNING**

**THURSDAY, NOV. 10, 7 P.M. ARTEL GALLERY**

**FREE POETRY READING – LEWIS WARSH**

**FRIDAY, NOV. 11, 7 P.M. ARTEL GALLERY**



*plus*



**WORKSHOPS • BOOK SIGNINGS**

**POP-UP POETS • LOCAL POET OPENERS • INTERVIEWS**

**VISITING AUTHORS • BRUNCH WITH WRITERS**

for details on all four days of events & workshop registration visit **WFLF.ORG**

sponsored by West Florida Literary Federation with funding in part from ACE, Inc.

## VICE PRESIDENT'S MESSAGE

Much is abuzz about the upcoming Foo Foo Fest. What is a foo foo anyway? Google search reveals this brief history of the title some folks wish we could change.

- Mirriam Webster online dictionary: a dough made from boiled and mashed plantains.
- Ballinger publishing: a 19th-century shipping term to describe an impromptu musical celebration comprised of seamen.
- From the book *Things Fall Apart* by Chinua Achebe: The word is used in this sentence: "Yam foo-foo and vegetable soup was the chief food in the celebration."
- Urban Dictionary online: Adjective used to describe anything that is just a little too frilly, fancy, or "upper crust". Things that are foo foo might also be a bit on the delicate side, or too elegant by half, or even offensively fruity. Spoiled little lap-dogs and \$1000 designer handbags.

Currently, our Foo Foo Fest is a 12-day celebration of culturally creative happenings, events and moments under one banner, attracting visitors to beautiful Pensacola, Fla. Foo Foo Fest is big fun, with events of high artistic and cultural caliber, delivered with a hefty dose of Southern sophistication.

We hope all this ado will result in growth for WFLF. We're already getting good press with ads in many community newspapers and magazines for our own upcoming Foo Foo events. Our September Open mic with Katherine Clark is featured in VIP Pensacola, page 42, and valued member Katherine Nelson-Born is on page 52. Also, we have an ad running Saturday on Writer's Digest Facebook.

Thanks to Troy Moon for a plug in the *Pensacola News Journal* Friday, September 30. While he doesn't advocate that everyone write a book, in his column "When are you going to write a book, Troy?" he says, "If you're a local author, I suggest you contact the wonderful folks at the West Florida Literary Federation for suggestions on how to market your book – find them at West Florida Literary Federation on Facebook."

We're just getting started, and ask that whenever you see an ad on Facebook, please "like" it in order to boost our visibility. Registration is open for the workshops and brunch presented by Barbara Henning, Lewis Warsh and Jamey Jones. Each event is \$25, and registration for two or more includes next year's membership, so it's a real bargain. [www.wflf.org](http://www.wflf.org)

We still have room for pop up poetry if you're interested in "performing." We're meeting at my house in Scenic Heights, October 15 from 3 to 4. RSVP to 723-2112 or [andrea48@aol.com](mailto:andrea48@aol.com) for directions. This event will welcome nonmembers as well.

My thanks to board and other members who work tirelessly behind the scenes. There's also still plenty of opportunity to volunteer. Having said all this, we simply defer back to our mission: to promote literature and the literary arts in West Florida. *Andrea Walker*

## CREATIVE WRITING

### What is Aleppo?

*A poem dedicated to Syrian refugees  
and to Syrians struggling to survive.*

A...lep...po...,

Perhaps the name for clear water,  
licking a lush green river bank,  
a tantalizing food,  
an exotic honey in tea or baklava,  
the name of a fragrant lily,  
a soft rain,  
a baby's touch,  
the heartbeat of a hummingbird,  
a lullaby, or  
the fragrance of baking bread.

A...lep...po...,

Perhaps a word spoken  
during gentle love-making,  
in the offering of a humble gift,  
whispered to a child with a skinned knee,  
a prayer of praise, thanksgiving, or petition,  
the word for "welcome home pilgrim," or  
simply, "I love you."

A...lep...po... "Take and eat, this is my  
body."

A...lep...po... "Take and drink, this is my  
blood."

*Patricia S. T. Edmisten  
September, 2016*



from our poets who will visit from New York City~

### A BEDOUIN MAN

A Bedouin man isn't certain  
whether joining a revolt was  
life's proudest moment or its  
ruination. The object in your  
pocket is a tracking device  
that just happens to make calls.  
Just perch the clock near the bed  
and put your phone on the stand  
and it will record your sleep  
patterns. Hello. Good night.  
The days are going so quickly.  
Perhaps we perceive quickness  
more in our busy lives than  
people did in previous centuries.  
Yesterday, Americans used  
their sizable advantage to run  
others ragged. We lay the child  
down into his bed and find  
each other under the sheet.  
Now with four arms, four legs  
and two heads, we circulate qi.  
Then the arm starts turning  
sideways in a gentle curve, tracing  
an S shape, the thumb heading  
up as the palm turns parallel,  
our bodies and souls parallel.  
Oh, the grief of separation.  
Don't think, dear, stay here.

*Barbara Henning*

### I WROTE THE BOOK

I wrote the book and now it's gone.  
It was not as if I was saying goodbye to a person.  
It was just words, after all, on a piece of paper,  
bound together with other words.  
The fact that I wrote them didn't matter any more  
since the "I" in question was a different person  
than the person I am now. Hard to believe,  
isn't it, that not long ago we were hitching a ride  
outside Indianapolis in the rain. But that's  
what happens when you're lost in the fog of time,  
and the geese are heading south in warm weather.

*Lewis Warsh*  
from *Alien Abduction*

## MEMBER NEWS

**Henry Langhorne's** latest poetry book, *In Search of Solitude*, is available at the WFLF office for \$15.00. All proceeds go to the WFLF. Copies of several of his previous books are also available for \$5.00 each with proceeds also going to WFLF.

## WELCOME NEW MEMBERS!

**Jane Lies**  
**Diane Kight (returning)**  
**Osmond Sharpless**

Art Beyond Walls is hosting the second Day of the Dead Memorial Wall Art Project on the evening of November 1. The purpose of this event is to honor the life and memory of loved ones who have passed away. The general public is invited to bring laser printed photos of their departed to be wheat pasted on the Gonzalez Street side of Frist City Arts Center, but ABW members thought it would be fitting to have poems honoring the deceased on the wall as well. Therefore, they are inviting members of the WFLF to bring poems for the occasion to be wheat pasted along with the images.

Poets are encouraged to cut around their poems as they choose in order to make them visually more interesting. Additionally, they may also illustrate their poem in some way by including drawings or photographs related to their departed on or around the poem as they choose. **Poems and images must be laser printed in order to be properly wheat pasted.**

Members Ryn Holmes and Andrea Walker, along with co-editor Jeff Santosuosso, announced their nominations for the Pushcart Prize for poetry. Their e-zine, *Panoply*, features a wide array of poetry and short prose from around the country and the world. This year's nominees include: "Caravan with Summer Skies" by Tobi Alfier; "Good Girl" by Emma Bolden; "Rooms by the Sea" by Elina Petrova; "Screaming Jay Hawkins and Me in Our Prime" by Mike Jurkovic; "Two Cranes on a Snowy Pine" by Robert Okaji; and "Wings Clipped" by Rachel Dacus. *Panoply* is published 3 times a year and has included poems by local writers Mike Beck, David Blanton, Julie DeMarko, Susan Feathers, Karen McAferty-Morris, and Scott Melville. Next call for submissions: Oct 21-Nov 20.

Issue 5 will be out around year-end. Please visit [www.panoplyzine.com](http://www.panoplyzine.com) and/or its Facebook page.

**WFLF thanks Bingo Paradise  
4469 Mobile Hwy, Pensacola, FL 32506  
(850) 457-0067  
for its continued financial support!**



## *Storytellers Circle: An Evening of African Oral Tradition*

The African American Heritage Society will present world renowned storyteller, Diane Ferlatte, in a "Storytellers Circle: An Evening of African Oral Traditions", **November 6, 2016, 7 PM**, Center for Fine and Performing Arts, University of West Florida, Building 82. The interactive performance will embody folk tales, folk songs and personal tales which will appeal to all ages.

Diane Ferlatte, Louisiana native, has dedicated her life to performance. Her storytelling journey began as a church girl playing music, acting in stage productions, and mastering American Sign Language. Her true calling was discovered in 1980, after she and her husband, Tom, adopted their second child. She was determined to release him from the bonds of television. Her skill of telling stories developed a special relationship with her son while creating a bond with people from around the globe.

For years, Diane has travelled internationally, captivating audiences with African folk tales, ghost stories and personal life experiences. She has wowed audiences in Austria, New Zealand, Holland, France, throughout Africa and all 50 states of the US.

Mrs. Ferlatte has received numerous honors, including The National Association of Black Storyteller's Zora Neale Hurston Award, and a 2008 Grammy nomination.

General admission is \$7.00. Students of UWF and Pensacola State College are admitted free with student ID. Tickets can be purchased online at [www.aahspensacola.org](http://www.aahspensacola.org), or at the Coulson House 200 Church Street.

This program is underwritten by a grant from The FOO FOO FESTIVAL of ACE, Inc. **For more information contact Angie West-Robinson at the African American Heritage Society, Inc. 200 E. Church St. Pensacola, FL 32502 via email [aahs990@earthlink.net](mailto:aahs990@earthlink.net), website [aahspensacola.org](http://aahspensacola.org) by phone 850.469.1456.**

## **Writers Weekly Workshops**

**Check out our workshops. Email the contact person for more details.**

**Nonmembers are invited to attend 2 or 3 meetings. If our workshop is a good fit for you, please join our organization.**

**MONDAY PURE POETRY LOUNGE** 6 ~ 8 p.m.

temporarily suspended until further notice.

[susanlewisbooks@yahoo.com](mailto:susanlewisbooks@yahoo.com)

**TUESDAY WRITING FOR PUBLICATION** 10 a.m. ~ noon. For seasoned writers and members of WFLF

who are working on book-length manuscripts and seeking publication. Manuscripts and written critiques are emailed within members of the group and members discuss their comments. The group is limited to seven writers ~ Ron Tew, [tewsd@bellsouth.net](mailto:tewsd@bellsouth.net)

### **THURSDAY PORTFOLIO SOCIETY**

The Portfolio & Exchange Society Critique Group meets every Wednesday, 9:30-11:30, at the library of the First Presbyterian Church on Gregory Street in Pensacola. The group is limited to seven members, but currently has an opening since a member left for a writing retreat and book promotion. We're a lively group looking for writers who have a project for a year -- no matter the genre, memoir, poetry, fiction, nonfiction -- 12 months to complete a project. Since the conception of the group in January 2014, four members have published books and a fifth writer's manuscript is being finalized for press. The name has evolved from Portfolio Society (after Christina Rossetti's group) to Portfolio & Exchange Society since out-of-town members call in for critiques, plus the participants are notorious for exchanging writing tips, novels, paintings, and garage sale items. For more information contact [dianeskelton@att.net](mailto:dianeskelton@att.net)

## **2016 BOARD OF DIRECTORS:**

**WEST FLORIDA LITERARY FEDERATION**

President: Ed Stanford

Vice President/Legend Editor: Andrea Walker

Secretary: Janet Thomas

Treasurer: Mac McGovern

Director: John Baradell

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Director: Susan Lewis

Director: Tom Turner

Directors can be contacted at

[WestFloridaLiteraryFederation@gmail.com](mailto:WestFloridaLiteraryFederation@gmail.com)

For submissions contact Editor: Andrea Walker

[andrea48@aol.com](mailto:andrea48@aol.com)

Check out our website at [www.wflf.org](http://www.wflf.org) and "Like" us on Facebook, (under) West Florida Literary Federation. Please visit often for updates and other Federation news.

<http://www.facebook.com/pages/West-Florida-Literary-Federation->

[WFLF/255101747857712?ref=hl](http://www.facebook.com/pages/West-Florida-Literary-Federation-WFLF/255101747857712?ref=hl)

## West Florida Literary Federation ~ Join or Renew ~ 2016

**Memberships are good for one calendar year beginning January 1 and ending December 31.**  
Individual membership is \$30/year. New members joining after July 15, pay \$15 or may pay \$45 which also pays for the following year. Subsequent years are due annually by January 1.

**One Year ~ Individual \$30 ~ Couple \$50 ~ Student \$15 ~ Two years ~ Individual \$50 ~ Couple \$85**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

New \_\_\_\_\_ Renewal \_\_\_\_\_ Date \_\_\_\_\_

Circle the items you **do not** want published in the WFLF "members only" directory:

1) address 2) phone or 3) email. If no item is circled, we will include all your information in the next published directory.

Use PayPal at <http://wflf.org> and email this form to [westfloridaliteraryfederation@gmail.com](mailto:westfloridaliteraryfederation@gmail.com) or mail your check and this form to

West Florida Literary Federation, 400 South Jefferson Street, Suite 212, Pensacola, FL 32502

I would like to sponsor  
**(NAME)**

To sponsor a new member in WFLF. Add \$20 to total payment & include member information on a separate form.



**West Florida Literary Federation, Inc.**

**Pensacola Cultural Center  
400 South Jefferson Street Suite 212  
Pensacola, FL 32502**