

July

Let's write

Writing is a fundamental part of your child's life. Writing is also a way to increase fine motor skills in the pincer grasp.

Try to create a stress-free environment to encourage learning. Make writing fun!

Color of the month: Coral

Shape of the month: Rhombus

S M T W T F S

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Choose an alphabet book to read with your child. Go over the letters that are in your child's name.

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Spell your child's name on a piece of paper in marker. Your child will trace over the letters in crayon or pencil.

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Spread shaving cream on a flat surface. Encourage your child to write letters in the cream.

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Write out numbers in marker. Have your child trace over the numbers. Also, help them count.

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Encourage your child to write their name on their own. Help along the way.

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August

Playtime

Playing is probably what your child looks forward to the most. Through running, jumping, or even kicking a ball, your child is increasing their gross motor skills.

Color of the month: Maroon

Shape of the month: Pentagon

S M T W T F S

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Read a story related to physical activity. Imitate the motion that characters are doing in the book.

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Encourage your child to do a simple exercise. Count aloud with each movement.

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Read a story of your choice. Afterward, come up with a silly song about the story.

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Take your child to the park for free play.

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Count it Out! Play a game of leapfrog. Measure how far your child goes.

September

Pretend play

Pretend play gives children the chance to practice their life skills and to deal with issues they are just beginning to understand.

Although playing seems simple, its power to help a child learn important skills.

Color of the month: Turquoise
Shape of the month: Hexagon

S	M	T	W	T	F	S
			1	2	Read to your child. Draw a picture on how the story makes them feel.	4
5	Ask your child, "What do you want to be when you grow up?" Role play their answer.	7	8	9	10	11
12	13	14	Let's cook together! Pretend play a chef with your child and count the different ingredients.	16	17	18
19	20	21	22	23	Take your child to the park for free play.	25
26	27	Choose a place for pretend play with your child.	29	30		



October

Talk it out

Talking to your child helps the development of their brain. Nearly 90-95% of your child's brain is built by age 5. Help your child's brain grow by talking and interacting with them every day!

Color of the month: Magenta
Shape of the month: Crescent

S	M	T	W	T	F	S
			Talk about it! While making a snack or meal, explain each step to your child.	2	3	4
5	Let's Create! Have your child tell a story, encourage the use of expressive language.	7	8	9	10	11
12	13	14	Play a game of telephone with your child. Use receptive language during the role play.	16	17	18
19	20	21	22	23	Encourage your child to draw a picture of their feelings for the day.	25
26	Take It Outside! Explore outside. Use Receptive Language and explain what each object is.	28	29	30	31	

November

Let's learn together

Teaching your child shapes and colors before VPK will allow them to have a more productive experience during school. Help your child get ahead!

Color of the month: Yellow

Shape of the month: Diamond

S	M	T	W	T	F	S
	1	2	Let's Create! Draw a picture by using different shapes.	4	5	6
7	Read Aloud: While reading draw different shapes that are in the story.	9	10	11	12	13
14	15	16	During pretend play, use blocks to build. While building, incorporate teaching shapes and colors.	18	19	20
21	22	23	24	25	Help your child color and cut out different shapes. Count the shapes and create a picture.	27
28	Arrange manipulatives into like categories, (same shape, same color, same size, etc.)	30	31			



December

Let's explore

Encourage your child to be curious about the world around them. For example: What happens when you mix paint with water? Use a dropper to squeeze paint into a bowl of water. Explain what is happening. Asking your child questions about the world will increase their curiosity.

Color of the month: Red
Shape of the month: Trapezoid

S	M	T	W	T	F	S
			Take It Outside! Use colorful chalk and trace shadows on the sidewalk.	2	3	4
5	Make a telescope out of an empty paper towel tube. As a bonus, paint the tube!	7	8	9	10	11
12	13	14	Read a book related to seasons. Make, draw, or paint a picture of the season that your child chose.	16	17	18
19	20	21	22	23	Tap a beat on different objects to produce a different sound. Encourage your child to repeat the beat.	25
26	Sing Aloud: Make a silly song about winter.	28	29	30	31	

January

Let's eat

Everyone loves a delicious meal. While you are grocery shopping, talk with your child about the items you are getting. For example, point out colors, shapes, and sizes of different fruits and vegetables. For younger ones, be sure to talk, talk, talk!

Color of the month: Green

Shape of the month: Octagon

S	M	T	W	T	F	S
					Read Aloud! Make a grocery list with your child.	2
3	4	Bake cookies with your child and measure the ingredients. As a bonus, cut the cookies into different shapes!	6	7	8	9
Pretend play "restaurant" and have your child "cook" you a healthy meal.	11	12	13	14	15	16
17	18	19	20	21	Read a book related to food. Discuss your child's favorite food group.	23
24	25	26	Make a cookbook that has healthy meals and your child's favorite recipes; have your child color the cover!	28	29	30
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February

Feelings and family

Your child has feelings, too. Teaching a child how and when to express their feelings will increase their emotional well-being, no matter what age.

Color of the month: Teal

Shape of the month: Arrow

S	M	T	W	T	F	S
	1	2	3	4	Play different music based on your child's mood and dance it out!	6
7	8	Read a book and acknowledge the different emotions of each character. each face.	10	11	12	13
Share with your child the people they can trust. Talk about your loved ones often.	15	16	17	18	19	20
21	22	23	24	25	Read a story related to love and express to your child how much you love them.	27
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March

Stop! Look! Listen!

Children must learn how to listen to and follow directions. As we know, this is not only for learning purposes, but also for their safety.

Incorporate learning how to follow directions by playing different games or while getting dressed. Be sure to use positive reinforcement when your child listens.

Color of the month: Pink
Shape of the month: Triangle

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Listen to the story, "Going on A Bear Hunt" then conduct a scavenger hunt with your child.

Play a game that requires taking turns and listening. Reward your child when they follow directions.

Within the story, ask your children the consequences for the characters if they did not follow directions.

While reading a new story, ask checkpoint questions. Explain why it is important always to listen.

Play a game of Simon Says showing the importance of following guidelines.



April

Clean up time

Set aside time each day for specific chores. For example: Before it is time to take a nap, make sure toys are picked up and put away, and that dirty clothes are put into the laundry basket or hamper. Make cleaning fun by singing songs or dancing!

Color of the month: Orange
Shape of the month: Square

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Talk with your child about their friend group. Find out the qualities that they desire in a friend.

Create a song about sharing. Sing and dance to your silly song.

Take your child to the park. Encourage them to play with new children.

Read Aloud: Take turns with your child telling a story.

Encourage your child to use words such as thank you and please. Reward their politeness!

May

Let's create together

Build fine motor skills through activities. A toddler's curiosity grows by the day, and art and creative play are great outlets for that curiosity.

For example: Place different art supplies in front of your child. With little instruction, see what finished product they come up with. Allow your child to be creative. Incorporate art projects into learning sessions.

Color of the month: Purple
Shape of the month: Star

S M T W T F S

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2	3	4	Gather supplies to create a new project. Encourage your child to count out objects as you gather them.	6	7	8
9	10	11	12	13	Grab a sheet of paper and trace your and your child's hands and feet. Afterward, color or paint the images.	15
16	Create an "art gallery" in your home. Having a designated area to display your child's work will bring positivity.	18	19	20	21	22
23	24	25	Pick a book relating to art. Have your child draw a picture of something from the book.	27	28	29
30	Create lacing cards! Punch holes in a piece of paper and encourage your child to lace through the holes.					



June

Be a friend

Helping children to develop social skills creates a foundation for healthy interactions in all aspects of life.

Encourage sharing whether your child is playing among peers or with you. For example: Hand out six crayons between you and your child. To receive new colors, your child must ask nicely. This simple concept will go a long way!

Color of the month: Blue
Shape of the month: Circle

S M T W T F S

		1	Talk with your child about their friend group. Find out the qualities that they desire in a friend.	3	4	5
6	7	8	9	10	Create a song about sharing. Sing and dance to your silly song.	12
13	14	15	Take your child to the park. Encourage them to play with new children.	17	18	19
20	Read Aloud: Take turns with your child telling a story.	22	23	24	25	26
27	28	29	Encourage your child to use words such as thank you and please. Reward their politeness!			