**TALK IT OUT!**

Talking to your child helps the development of their brain. Nearly 90-95% of your child’s brain is built by age 5. Help your child’s brain grow by talking and interacting with them every day!

By using Receptive Language (We have finished our lunch, now it is time to get ready for a nap), Respectful Language (Susan, you did an excellent job cleaning up your toys!), and Expressive Language (The big bear lives in the forest, and he has a scary growl, “GRR!”) you can increase your child’s vocabulary and language skills. Your child is a sponge, absorbing every word you say!

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**BRAIN BUILDERS**

**OCTOBER 2020**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>2</td>
<td>3</td>
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<tr>
<td><strong>PUMPKIN</strong></td>
<td></td>
<td>Read Aloud: Choose a story to read together. Use expression and relate the components of the story to real-life situations.</td>
<td></td>
<td>Talk about it! While making a snack or meal, explain each step to your child.</td>
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<td>11</td>
<td>Let’s talk about it! Ask your child about their day and re-enact their favorite part of the day.</td>
<td>12</td>
<td>Let’s Create! Have your child tell a story, and encourage the use of expressive language.</td>
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<td>14</td>
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<td></td>
<td>18</td>
<td>Read Aloud: Before re-reading the story, have your child recall the story in their own words.</td>
<td><strong>BELOW</strong></td>
<td>Play a game of telephone with your child. Use receptive language during the role play.</td>
<td>15</td>
<td>16</td>
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<tr>
<td></td>
<td>25</td>
<td>Count It Out! Encourage your child to pick up their toys. Count the objects as they clean.</td>
<td><strong>WASH</strong></td>
<td>Encourage your child to draw a picture of their feelings for the day.</td>
<td>26</td>
<td>27</td>
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<tr>
<td>28</td>
<td>30</td>
<td>Your child loves you.</td>
<td><strong>PIE CONE</strong></td>
<td>Take It Outside! Explore outside. Use Receptive Language and explain what each object is.</td>
<td></td>
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</tbody>
</table>

**Recommended Book of the Month:**

“All by Myself (Little Critter)”
BY Mercer Mayer

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**Read Aloud**

Choose a story to read together. Use expression and relate the components of the story to real-life situations.

**Let’s Create!**

Have your child tell a story, and encourage the use of expressive language.

**Let’s talk about it!**

Ask your child about their day and re-enact their favorite part of the day.

**Read Aloud**

Before re-reading the story, have your child recall the story in their own words.

**Count It Out!**

Encourage your child to pick up their toys. Count the objects as they clean.

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**USE A “WORD OF THE WEEK” TO BUILD YOUR CHILD’S VOCABULARY**

**PUMPKIN**

- **BELOW**
- **WASH**
- **PIE CONE**